

# 2018 Best Care Academy Sessions



## MANAGEMENT BOOT CAMP — FEB 8, MAY 15, AUG 9, or NOV. 1 **CE credit\*\***

Managing is one tough job! Best Care's "basic training" boot camp provides everything a new manager or seasoned professional will need to survive in today's ever-changing work environment. No matter what the level of experience, this session provides any manager the training to:

- *Keep employees motivated while setting clear expectations for performance objectives.*
- *Promote independence while encouraging initiative.*
- *"Think" like a manager.*

## CONFLICT RESOLUTION BOOT CAMP — MARCH 6 or SEPT 13 **CE credit\*\***

You know it happens! No one wants to deal with it—everyone wants to avoid it. Conflicts at work can be destructive! Handle it well and communication, team building and creativity soar. Handle it poorly and it's all over! Learning to resolve conflicts is a must. This fast-paced seminar will:

- *Quickly clarify the nature of conflict and the forces that drive it.*
- *Identify your unique "conflict resolution" style and how it works for vs. against you.*
- *Practice tips, tools and techniques so you are ready when conflict happens.*

NEW

## DEALING WITH UNACCEPTABLE EMPLOYEE BEHAVIOR\* - APR 12 or JULY 19 **CE credit\*\***

Employees are your most valuable asset and most are solid citizens. There are a few, however, whose conduct ignites unproductive conflict and injects unnecessary drama into your workday. They erode morale, sabotage productivity, and threaten profitability. This program is designed to help put a stop to their unacceptable behavior:

- *Identify underlying patterns of unacceptable behavior.*
- *Reveal how these individuals can stymie even the most effective managers.*
- *Practice techniques for confrontation, along with methods on how to coach "up" or "out".*

NEW

## MANAGING FOR MAXIMUM RESULTS:

### GETTING THE BEST OUT OF YOUR PEOPLE EVERY DAY — OCT. 11 **CE credit\*\***

Employees are expensive. It's critical that you do what you can to inspire them to give their best every day.

- *Reveal what makes employees tick and how to keep that inspiration alive.*
- *Expose the organizational factors that can cause employees to lose inspiration.*
- *Learn how to re-engage and re-inspire employees before it's too late.*

NEW

## PERSONAL EFFECTIVENESS SECRETS for LEADERS — JAN. 18 **CE credit\*\***

Americans experience never-ending pressure to do more with less. We're willing to work longer and harder, and we've delivered. However, *only half of us feel satisfied and only 1 in 5 of us are fully engaged at the workplace - liking what we do, believing in what we do and feeling appreciated by our coworkers and boss. Unlock your "secrets":*

- *Learn how to manage your energy and what emotions empower you.*
- *Learn what your personality style is and how it shapes your perceptions, attitudes, and decisions.*
- *Develop a personal mission statement for success in all areas of your life.*

NEW

## LEADERSHIP IN ACTION — JUNE 7 **CE credit\*\***

Do more than delegate. Take charge and build your leadership skills with Leadership in Action boot camp. It has been proven that the higher you go in leadership, the more the heart counts. Leading from a place of passion has resulted in companies reaching unheard of success. Discover the following keys to extraordinary leadership:

- *Your ideal leadership style and role.*
- *Strategies to promote growth and positive change.*
- *Resiliency in the face of change and pressure.*

**ALL DAY:** Reg. 8:30 am, Program 9 am – 4 pm, COST: \$159 pp/client, \$199 pp/non-client

**\*HALF DAY:** Reg. 8:30 am, Program 9 am – 12 noon, COST: \$99 pp/client, \$119 pp/non-client

To register, call 402-354-8000 or email [eap@bestcareeap.org](mailto:eap@bestcareeap.org)

Location: Center Pointe Building, 9239 W. Center Road, 2<sup>nd</sup> floor, Suite 223



**BEST CARE EAP**

\*\* See detailed information at: [www.methodistcollege.edu/professional-development](http://www.methodistcollege.edu/professional-development)  
Nebraska Methodist College Professional Development is an approved provider of continuing nursing education by the Midwest Multistate Division, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.  
Iowa Board of Nursing Provider #120

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