



Alcohol and/or Drug Use Screening Tool (CAGE-AID)

When taking this screening, think of drug use as your use of illegal and prescription drug use other than prescribed.

	YES	NO
1. Have you ever felt that you ought cut down on your drinking or drug use?		
2. Have people annoyed you by criticizing your drinking or drug use?		
3. Have you ever felt bad or guilty about your drinking or drug use?		
4. Have you ever had a drink or used drugs first thing in the morning to steady your nerves or to get rid of a hangover?		

Scoring

Regard one or more positive responses to the CAGE-AID as a positive screen.

If you are concerned about your score for the Alcohol and/or Drug Use Screening tool, call your Best Care EAP today to speak confidentially with a professional counselor at 402.354.8000 or 800.801.4182.

Please note: This screening tool is valid for adults and youth between the ages of 12 and 18. It is not a diagnostic instrument. You are encouraged to share your results with your Best Care EAP counselor or with a physician or health care provider. Methodist Health System dba Best Care EAP, disclaims any liability, loss or risk incurred as a consequence, directly or indirectly, from the use and application of this screen.