

# Best Care EAP: Solutions for Every Employee



## When it comes to workplace mental health services, employees have preferences and want choices.

Program utilization goes up when employees get the solutions they want. That's why Best Care EAP offers the right mix of services to meet the needs of a diverse workforce:

- A nationwide network of licensed counselors\*
- Flexible in-person and telehealth counseling
- Self-scheduling option
- Virtual or texting counseling available
- In-house trainers who present onsite and virtually
- Self-help and well-being resources for a healthy lifestyle
- Support for life issues including legal, financial, dependent care, and more
- Customized client website

An Omaha-based company with a strong local presence, we are ready to serve you.

**Call us today at (402) 354-8000 or (800) 801-4182. Or [request a quote](#)**

*\*Per law, counselors are licensed in the state in which the member is located.*

