



**I'm feeling  
stressed!**



Contact Best Care EAP. +

Our professional counselors can help!  
(402) 354-8000, (800) 801-4182 or email  
[eap@bestcareeap.org](mailto:eap@bestcareeap.org)




**BEST CARE**  
EMPLOYEE ASSISTANCE PROGRAM



**I'm feeling  
anxious!**



Contact Best Care EAP.



Our professional counselors can help!  
(402) 354-8000, (800) 801-4182 or email  
[eap@bestcareeap.org](mailto:eap@bestcareeap.org)



**BEST CARE**  
EMPLOYEE ASSISTANCE PROGRAM

**I'm feeling  
worried!**

Contact Best Care EAP.

Our professional counselors can help!  
(402) 354-8000, (800) 801-4182 or email  
[eap@bestcareeap.org](mailto:eap@bestcareeap.org)



**BEST CARE EAP**