

***“We all go through difficult times.
It’s ok to reach out for help.”***

- Joy Youngland, Best Care EAP Counselor



Resources and insight

For confidential counseling for you and your family, contact your Best Care EAP. We’re here to help.

Para el asesoramiento confidencial para usted y su familia, contacte a su Best Care EAP. stamos aqui para ayudarle.



BEST CARE EAP

(402) 354-8000/(800) 801-4182/BestCareEAP.org

***“It’s important to me that my clients
feel accepted and understood.”***

- Jameson Bock, Best Care EAP Counselor



No judgement, no criticism

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“We provide a safe place to express your feelings.”

- Amy Monzingo, Best Care EAP Counselor



Let us help you walk through life

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“If you’re not in a good place, it effects everything.”

- Terry Coleman, Manager, Clinical Services



Best Care EAP is a good place to be!

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