

Best Care EAP Presents...

Mental Health Awareness Webinar Series

Employer and employees are currently experiencing unprecedented stress and anxiety.

- What practical things can a company do to protect employees' mental health, and provide an environment that is mentally healthy for employees?
- What are other companies doing?
- What can a supervisor do when they encounter an employee experiencing a mental health crisis?
- How can Best Care EAP help?



Join Best Care EAP as we host these online webinars during May - Mental Health Awareness Month. Let's get to the important questions and share possible solutions. We're all in this together.

May 5, 2020, 8-9 am [Why is Mental Health So Important?](#)

May 12, 2020, 8-9 am [Recognizing Mental Health Issues](#)

May 19, 2020, 8-9 am [Mental Health: Best Practices](#)

Sessions are FREE.

Register today by clicking on session description links above.

Robyn Burnett, LMHP and Manager, Training and Education Services, Best Care EAP.



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