

SUMMER SERIES: Do For Others...



Summer is here! What a great time to invest in learning about what you and your family can do for those in your community. Maybe you can start a trend! Once your neighbors see what a difference you are making, maybe they will step up and continue or start something on their own. Here is a list of ideas to get you (and your family) started!

Phone a relative: So many grandparents are missing their favorite little people, so why not call a relative who misses your kids and maybe misses you?

Thank-you notes: Write end-of-year thank-you cards to your teachers and other school staff, aftercare workers.

"Get well soon" cards: Let's add "we miss you" or "get well soon" cards to send to anyone you miss or who you know isn't well. Real mail is lovely to receive.

Hand out snack bags: Gather shelf-stable snacks, bottles of water, socks and wipes into bags to hand out to people who need them. You can spot people from more than 6 feet away, wave, leave bags for them and walk away so they can safely pick them up.

Food donations: Make and contribute food to severely depleted food pantries.

Walk a dog: Become a volunteer dog walker for your less mobile or elderly neighbors, or the local shelters. Cat socializers are needed for local shelters that may be short-staffed or low on volunteers.

Make food to share: Cook, bake or order in for your neighborhood's first responders or essential workers.

Signs of thanks: Make signs for your lawn that thank anyone your family is grateful for.

Chalk messages of hope: Lots of people are walking outside these days, and your kids can cheer them up with hopeful messages.

Lemonade stand: Set up a socially distant lemonade stand and give the proceeds to a hospital. People can place their order from 6 feet away, pay using an app or drop cash into a bucket. The kids should wear masks and gloves as they pour the lemonade, place it on the table and step back to their original spot.

To access entire article for summer series, [click here](#).