

SUMMER SERIES with KIDS: Let's play outside...



1. **Create a splash pad:** Before there were nearby pools or even living in a beach town, we'd turn on the hose in the backyard to cool down. Sometimes we'd add plastic bags on a slope to make a slip and slide.
2. **Have a water balloon fight:** Send your kids outside to battle it out and get soaked or join in on the fun. Fill small balloons inside or with a water hose.
3. **Grow herbs, lettuces and flowers:** Focus on herbs you can grow and cook in your kitchen or have everyone plant sunflower seeds and patiently see whose will sprout first.
4. **Welcome the birds:** You can put up bird feeders, a nesting box and a birdbath to attract more new friends. Then head to [Audubon.org](https://www.audubon.org) to identify them.
5. **Smash the virus:** Make a coronavirus piñata, fill it with candy and whack the heck out of it.
6. **Chalk art:** Chalk the neighborhood to make an outside art museum. Take the time to research older neighbors and chalk a special message, get ideas on [pinterest](https://www.pinterest.com). Crush summertime boredom with these amazing ideas!
7. **Map the neighborhood:** Walk your neighborhood and see if your family can make a map from your house to another location. If they can't get off your property, have them do it inside.
8. **Hike the park:** Time to find your nearest state or national park or national forest to get outside (with proper social distancing) to take a walk or hike.
9. **Plan, and have a picnic:** Picnic or grill in the backyard or park if available. Grill meat or veggie hot dogs or bring sandwiches or takeout if that sounds too overwhelming. Get the kids in on the planning and preparing. Bring a Frisbee or soccer ball and play.
10. **Olympic game day: Divide the family into teams of two, or each person can compete in an individual Olympics.** You can invest in a croquet set, ping-pong set up or basketball hoop. Or get ideas off [pinterest](https://www.pinterest.com) for a special quarantine backyard games!

To access entire article for summer series. [click here](#).