

# Recovery Resources During Pandemic

## **Websites**

Alcoholics Anonymous

<https://www.idaa.org/> (Specific to healthcare professionals in recovery)

<http://aa-intergroup.org/directory.php>

[http://12stepforums.net/alcoholics\\_anonymous\\_online\\_meeting.html](http://12stepforums.net/alcoholics_anonymous_online_meeting.html)

[https://www.aa.org/pages/en\\_US/videos-and-audios](https://www.aa.org/pages/en_US/videos-and-audios)

[https://www.aa.org/pages/en\\_US/read-the-big-book-and-twelve-steps-and-twelve-traditions](https://www.aa.org/pages/en_US/read-the-big-book-and-twelve-steps-and-twelve-traditions)

<https://www.aagrapevine.org/>

[https://www.youtube.com/channel/UCI9uFLJ\\_aXT3-At0PIPWUQ](https://www.youtube.com/channel/UCI9uFLJ_aXT3-At0PIPWUQ)

<https://www.aahistorysymposium.org/2019-album> (password: thebroadhighway)

Narcotics Anonymous

<https://www.na.org/>

<http://na-recovery.org/>

SMART Recovery

<https://www.smartrecovery.org/>

Recovery Dharma

<https://recoverydharma.online/>

Refuge Recovery

<https://refugerecovery.org/>

Women for Sobriety

<https://womenforsobriety.org/>

LifeRing

<https://www.lifering.org/about>

All Pathways

<https://unityrecovery.org/digital-recovery-meetings>

Cocaine Anonymous

<https://ca.org/>

In the Rooms

<https://www.intherooms.com/home/>

Valley Hope

<https://valleyhope.org/events/>

## **Podcasts**

<https://www.blogtalkradio.com/bubblehour>

<http://busylivingsober.com/podcasts>

<https://theaddictedmind.com/>

<https://www.thatsoberguy.com/>

<https://podcasts.apple.com/us/podcast/lets-talk-addiction-recovery/id1396520088>

<https://podcasts.apple.com/us/podcast/boiled-owl-aa-recovery-podcast/id1223831225>

## **Free Apps**

AA Big Book

<https://apps.apple.com/us/app/aa-big-book-unofficial/id990308161> (Apple)

[https://play.google.com/store/apps/details?id=com.goodbarber.aabigbookfree&hl=en\\_US](https://play.google.com/store/apps/details?id=com.goodbarber.aabigbookfree&hl=en_US) (Google)

12 Steps Companion

<https://apps.apple.com/us/app/12-steps-companion-aa-big-book/id295775656> (Apple)

[https://play.google.com/store/apps/details?id=me.deanhuff.companion&hl=en\\_US](https://play.google.com/store/apps/details?id=me.deanhuff.companion&hl=en_US) (Google)

Connections

<https://www.addictionpolicy.org/connections-app>

SoberGrid

<https://www.sobergrid.com/>

The WEconnect

<https://www.weconnectrecovery.com/>